

## **NOBODY'S PERFECT**

Free support for Caregivers of Children from Birth to Age 6

WHERE: Better Together Family
Resource Center
821 King Street, Unit 11
Bridgewater, NS
B4V 1B7

WHEN: Monday Jan 26

Monday Feb 2, 9, 23

Monday Mar 2, 9

\*Center Closed Monday Feb 16

\*All materials will be provided.

TIME: 10:00am-12:00pm

MEET with other parents of young children
DISCUSS real-life parenting solutions
SHARE parenting questions, concerns & ideas
DISCOVER positive ways of parenting

To Register: Call 902-543-3119 or 1-833-543-3119 Registration is required. Childcare provided.







