

Ages & Stages – South Shore Family Resource Association

Children grow, develop, and learn throughout their lives. A child develops socially, physically, emotionally and intellectually over this time.

Every child's development is unique and complex. Although children develop in relatively the same way, each child does this at their own speed. The child's development is influenced by their environment and all the experiences he or she during childhood and beyond.

We, as parents can help our children be the best they can be by providing positive learning opportunities, safe environments, nutritious food, love and limits.

The following websites offer information on child development and ways for parents to help children on life's journey. Remember, these are only guidelines. If you have any concerns about your child's development, consult your child's physician.

What are the stages of development for babies? - click the link:

- www.canadianparents.com/babies/steps-and-stages

What are the stages of development for toddlers and preschoolers?

- click the links:

- www.canadianparents.com/toddlers-and-preschoolers/steps-and-stages
- www.zerotothree.org/child-development/
- www.pbs.org/parents/childdevelopment/
- childdevelopmentinfo.com/development/devsequence.shtml

What are the stages of development for school age children?

- click the links:

- <http://www.canadianparents.com/grade-schoolers/steps-and-stages>
- <http://childdevelopmentinfo.com/development/normaldevelopment.shtml>

What are the stages of development for tweens and teens? – click the links:

- <http://www.canadianparents.com/tweens-and-teens/steps-and-stages>
- <http://childdevelopmentinfo.com/development/puberty.shtml>
- http://childdevelopmentinfo.com/development/teens_stages.shtml