

# November



Register for programs at the **Better Together Family Resource Centre** or by calling **902 543 3119**.

Enrollment is limited to allow enough supplies and work space for all participants.

**Christmas Crafting with Jessica** is Wednesday, November **1st**, and on Wednesday, November **29th** from 10:00 am to 12 noon. All tools and materials required to complete the craft project are provided.

**Cooking with Kids** is Wednesday, November **15th**, from 10:30 am to 12 noon. The kids put on aprons and make food with the grown ups, then we all eat the creations of the day. Please call 90 543 3119 to sign up.



## Drop in programs:

**Tuesday Baby Club** -- Drop in to this fun, weekly program for parents and caregivers with babies to get together, share their experiences and access resources. 10:30 –12 noon.

**Thursday Chill n Chat** -- Families can drop by for a chat and enjoy a cup of coffee or tea. No child care is provided for this program. 1 pm—3 pm.

**Thursday Toddler Time** -- Drop in to this fun, weekly program parents and caregivers with toddlers to socialize, play, and have a snack. 10:30—12 noon.

## **LaLeche League Breastfeeding Support Group**

meets here on the 2nd and 4th Friday of the month from 10—12 noon.

**Better Together Family Resource Centre 821 King St. Unit 11, Bridgewater NS**

**phone: 902 543 3119 fax: 902 543 1828 [www.southshorefamilyresource.org](http://www.southshorefamilyresource.org)**

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**Or on Twitter @SSFRALunenburgCo**

Updated 10/25/2017



*Growing happy, healthy families*



**Better Together  
Family Resource Centre**