

**Register for programs at the
Better Together Family Resource Centre
or by calling 902 543 3119.**

Enrollment is limited to allow enough supplies
and work space for all participants.

May

2018

Monday Cooking Groups—May 7th, and May 28th, 10 am to 12 noon.

Childcare is provided, please call 902 543 3119 to register.

Crafting With Jessica—May 14th, 10 am to 12 noon, Childcare provided, please call 902 543 3119 to register. All tools and materials required to complete the craft project are provided.

Cooking with Kids—May 30th 10:30 am to 12 noon. The kids put on aprons and make food with the grown ups, then they get to eat their creations.

Dads Support Group —May 10th, and May 31st, 10 am to 12 noon.

Childcare is provided, please call 902 543 3119 to register.

Drop In Programs

Tuesday Baby Club—10:30 –12 noon. Parents, caregivers, and babies socialize, play, and have a snack. Childcare is provided for toddlers and preschoolers.

Thursday Chill n Chat—1—3 pm. Enjoy a cup of coffee or tea, have a chat , and relax. Childcare is not available.

Thursday Toddler Time—10:30—12 noon. Parents, caregivers, and children socialize, play, and have a snack.

LaLeche League Mother to Mother Breastfeeding Support Group
meets here one Friday of the month from 10—12 noon. <https://www.lllc.ca/>



Better Together Family Resource Centre

821 King Street, Unit 11 Bridgewater NS B4V 1B7 Phone: 902 543 3119 Fax: 902 543 1828

Twitter @SSFRALunenburgCo Facebook South Shore Family Resource Association Lunenburg County

Website <http://www.southshorefamilyresource.org/>



Growing happy , healthy families



**Better
Together
Family
Resource
Centre**