

2018



**Register for programs at the Better Together Family Resource Centre
or by calling 902 543 3119.**

Enrollment is limited to allow enough supplies and work space for all participants.

Cooking with Kids is Wednesday, January 17th, from 10:30 am to 12 noon. The kids put on aprons and make food with the grown ups, then they get to eat their creations.

Cooking Groups are on Monday, January 22nd, and Monday, January 29th from 10 am to 12 noon, at the Better Together Family Resource Centre (child care is available). Please call 902 543 3119 to sign up.

Crafting with Jessica is Wednesday, January 31st, from 10 am to 12 noon. All tools and materials required to complete the craft project are provided.

Drop in programs:

Tuesday Baby Club—10:30 –12 noon. Parents, caregivers, and babies socialize, play, and have a snack. Childcare is provided for toddlers and preschoolers.

Thursday Chill n Chat—1—3 pm. Enjoy a cup of coffee or tea, have a chat , and relax. Childcare is not available.

Thursday Toddler Time—10:30—12 noon. Parents, caregivers, and children socialize, play, and have a snack.

LaLeche League Mother to Mother Breastfeeding Support Group

meets here one Friday of the month from 10—12 noon. <https://www.llc.ca/>

Better Together Family Resource Centre

821 King Street, Unit 11 Bridgewater NS B4V 1B7

Phone: 902 543 3119 Fax: 902 543 1828 Twitter @SSFRALunenburgCo

Facebook [South Shore Family Resource Association Lunenburg County](#)

Website <http://www.southshorefamilyresource.org/>

Growing happy , healthy families

*Better
Together*
**Family
Resource
Centre**

