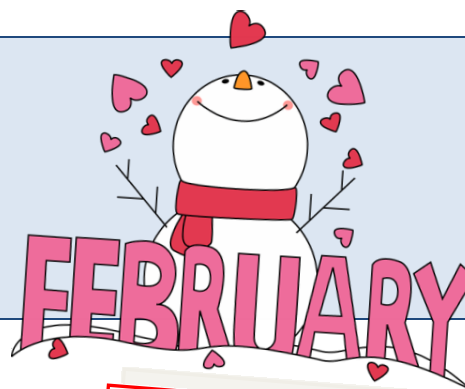


**Register for programs at the
Better Together Family Resource Centre
or by calling 902 543 3119.**

Enrollment is limited to allow enough supplies and work space for all participants.



2018

Cooking with Kids is Wednesday, February 7th, from 10:30 am to 12 noon. The kids put on aprons and make food with the grown ups, then they get to eat their creations.

Monday Cooking Groups 10 am to 12 noon on February 12th and 26th . Child care available for both groups. Please call 902 543 3119 to register.

Adult Colouring is Wednesday, February 21st, from 10 am to 12 noon. Child care available for both groups. Please call 902 543 3119 to register.

Crafting with Jessica is Wednesday, February 28th, from 10 am to 12 noon. All tools and materials required to complete the craft project are provided.

Drop in programs:

Tuesday Baby Club—10:30 –12 noon. Parents, caregivers, and babies socialize, play, and have a snack. Childcare is provided for toddlers and preschoolers.

Thursday Chill n Chat—1—3 pm. Enjoy a cup of coffee or tea, have a chat , and relax. Childcare is not available.

Thursday Toddler Time—10:30—12 noon. Parents, caregivers, and children socialize, play, and have a snack.

LaLeche League Mother to Mother Breastfeeding Support Group meets here one Friday of the month from 10—12 noon. <https://www.lllc.ca/>

Better Together Family Resource Centre 821 King Street, Unit 11 Bridgewater NS B4V 1B7
Phone: 902 543 3119 Fax: 902 543 1828

Twitter @SSFRALunenburgCo Facebook South Shore Family Resource Association Lunenburg County

Website <http://www.southshorefamilyresource.org/>



Growing happy , healthy families



Lunch and Learn
Questions & Answers about Sex
Presented by Julie of the
Sexual Health Centre
Wednesday, February 14th, 2018
10 am to 12 noon
at the
Better Together Family Resource Centre
821 King Street, Unit 11, Bridgewater NS
Child care provided, lunch served at noon,
please pre-register by calling **902 543 3119**