

June ²⁰¹⁸

**Register for programs at the
Better Together Family Resource Centre
or by calling 902 543 3119.**

Enrollment is limited to allow enough supplies
and work space for all participants.

Monday Cooking Groups June 4th and June 25th, 10 am to 12 noon. Childcare is provided.
Please call 902 543 3119 to register.

Nobody's Perfect Reunion Wednesday, June 6th, 10 am to 12 noon. Childcare is provided.
Please call 902 543 3119 to register.

Cooking with Kids—June 13th 10:30 am to 12 noon. The kids put on aprons and make food with the
grown ups, then they get to eat their creations.

Crafting With Jessica—June 20th 10 am to 12 noon, Childcare provided, please call 902 543 3119 to regis-
ter. All tools and materials required to complete the craft project are provided.

Drop In Programs

Tuesday Baby Club—10:30 –12 noon. Parents, caregivers, and babies socialize, play, and have a snack.
Childcare is provided for toddlers and preschoolers.

Thursday Chill n Chat—1—3 pm. Enjoy a cup of coffee or tea, have a chat , and relax. Childcare is not
available.

Thursday Toddler Time—10:30—12 noon. Parents, caregivers, and children socialize, play, and have a
snack.

LaLeche League Mother to Mother Breastfeeding Support Group
meets here one Friday of the month from 10—12 noon. <https://www.llc.ca/>

Better Together Family Resource Centre

821 King Street, Unit 11 Bridgewater NS B4V 1B7 Phone: 902 543 3119 Fax: 902 543 1828

Twitter @SSFRALunenburgCo Facebook South Shore Family Resource Association Lunenburg County

Website <http://www.southshorefamilyresource.org/>



Growing happy , healthy families



**Better
Together
Family
Resource
Centre**