



Better Together Family Resource Centre



821 King Street, Unit 11, Bridgewater



ADHD/ADD SUPPORT GROUP!

We meet one Monday a month from 10am to 12pm.

Please check our calendar for our next session!

Peer Support and Strategies

for

Parenting a child with ADHD/ADD

Parenting with ADHD/ADD.

Come share your
strengths with us!!

Contact the Centre at **902-543-3119** for more information

Sorry, no childcare available for this program

www.southshorefamilyresource.org